



MY HEALTHY  
**joints**

MUSCLE & JOINT SUPPORT\*



30 PACKETS (6 VEGAN CAPSULES) | DIETARY SUPPLEMENT

## YouVeda™ Ayurvedic Muscle & Joint Support Supplement Facts

Serving Size: 6 Vegan capsules | Servings per Kit 30

	Amount Per Serving	%DV**
<b>Proprietary Muscle &amp; Joint Support Blend</b>	3,150 mg	***
Frankincense (Boswellia) Resin Extract, Ashwaganda Root Extract, Medium Chain Triglycerides, Turmeric Root Extract (95% curcuminoids), L-Phenylalanine, Ginger Root Extract, Guggal (Lakshya) Gum Resin Extract, Shilajeet (mineral pitch) Extract, Coenzyme Q-10, Trikatu Blend Extract (Ginger root, Long Pepper fruit and Black Pepper fruit).		***

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*\* Daily Value not established.

**Other Ingredients:** Vegan capsule (hypromellose and water), tapioca starch, magnesium stearate (vegetable source) and silicon dioxide.



100% VEGAN



DAIRY, EGG & WHEAT FREE



DOES NOT CONTAIN ANY GMO'S



GLUTEN FREE



SOY FREE

**Allergen Warning:** this packet contains ingredients derived from tree nut (coconut).

**Warning:** Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Keep out of reach of children. Do not use if seal is broken.**

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

### SUGGESTED USE:

Enjoy one packet daily.  
Please consume with food.

KEEP IN A COOL, DRY PLACE.  
AVOID STORING IN DIRECT SUNLIGHT.



Manufactured in FDA Registered Facilities.



Manufacturing, packaging and testing performed in accordance to Good Manufacturing Practices.



Manufactured In The USA.

### Distributed by YouVeda, LLC

Dallas, TX 75024.

For any questions, comments or concerns email us at [customerservice@youveda.com](mailto:customerservice@youveda.com) or call us at: 1-855-YOU-VEDA (968-8332)

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